

# Sendai Multicultural Center News

## Things to do when moving out of Japan



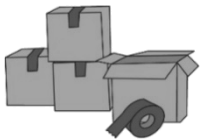
We will be moving back to our home country in the near future. What procedures do we need to complete before leaving Japan?

Here are the things that you need to do before departing from Japan:



- A Inform your apartment management company that you will be **moving out**
- B Complete the necessary **procedures to stop** your water, electricity, and gas
- C Complete the **notification procedure for moving out of Japan** at your ward office
- D (After returning to your home country)  
Apply for a **lump-sum withdrawal payment of your national pension**
- E **Closing your bank accounts**
- F **Getting rid of** things you no longer need

↓ I will explain each of the above procedures ↓



### A

**Contact** the management company as soon as you know **the date on which you will be moving out.**

When you moved into your apartment, you should have been told how many days in advance you need to give notice to the real estate agency that you are moving out. On the day when you move out, the management company will come to your apartment to check the condition of your room (If anything is broken, dirty, etc.). Be sure to **clean your apartment** before moving out. If you have things that you no longer need, get rid of them using the methods outlined in (F) or give them to someone else. If you leave any of your belongings in your apartment when you move out, you will be charged disposal fees.

### B

**Contact the companies** you have contracted with.

In some cases, your utility bills may be calculated on a per-day basis until the day you move out.

The method of **payment for your utility bills up to the last day** of use varies from company to company. If you were told to pay with an invoice in the following month, you can ask your friend or acquaintance in Japan to pay on your behalf. You should check in advance to see if anyone is willing to help you pay your bills.

Continued on next page →



電気



水道



ガス

Publications in Six Languages

In addition to English, we also have publications in Japanese / にほんご, Chinese / 中文, Korean / 한국어, Vietnamese / Tiếng Việt, and Nepali / नेपाली. They can also be viewed on our website, or found at the Sendai Multicultural Center.



# C

Notification **procedures for moving out of Japan** can be completed 14 days before departure. Procedures such as inhabitant tax, national health insurance, and child allowance can also be completed at the ward office.

Multilingual information on other procedures that need to be completed at your ward office when you move out of Japan is available on the official website of the City of Sendai. (6 languages)

<https://www.city.sendai.jp/koryu/foreignlanguage/en/information/living05.html>



# D

If you have contributed to your pension for more than 6 months, you can receive a **lump-sum withdrawal payment** of your national pension/employee's pension within 2 years of leaving Japan after completing the necessary procedures.

Multilingual information on lump-sum withdrawal payments and the application form can be found on the official website of the Japan Pension Service. (14 languages)

<https://www.nenkin.go.jp/service/jukyu/todokesho/sonota-kyufu/20150406.html>



# E

You **must close your Japanese bank account** when you leave Japan. It is illegal to give or sell your bank account to another person, or to receive or buy a bank account from someone else.

**DO NOT transfer ownership of your bank account.**



# F

When you move, you may be left with **a lot of things that you no longer need**. If you want to get rid of oversized garbage or if you have many things that need to be disposed of, you can apply for garbage collection (**Bulky waste, special garbage collection**). You **must apply** in advance.

If you need someone to interpret for you when you apply, please call the Interpretation Support Hotline. For information on how to dispose of garbage such as bulky waste, check the official website of the City of Sendai. There are also waste collection facilities where you can bring your garbage. You must call in advance for permission.



<https://www.city.sendai.jp/haiki-shido/foreignlanguage/en/garbage/index.html>



Depending on individual circumstances, other procedures such as cancellation of phone plan, credit card, internet service, and subscriptions may be required. Allow yourself sufficient time to complete necessary preparations and procedures for returning to your home country.

## Notice: Introduction of the Children with Roots Abroad Support Sendai Consultation Desk

The aim of this program is to help children with connections to foreign countries, their guardians, the schools in which these children are enrolled, and their teachers. Assistance is provided with enrollment procedures, academic learning including Japanese language acquisition, adjustment to school life, career guidance, and more.

### Who are children with roots abroad?

- Children who came to Japan as a result of their guardians' circumstances
  - Children who were born and raised in Japan, but one or both of their parents are of foreign nationality
  - Children of multiple nationalities including Japan
  - Children whose primary language at home is not Japanese due to circumstances such as the international marriage of their guardian
- Etc. ※These may also include children with Japanese citizenship.

### Consultation topics

- Teachers
  - How to teach Japanese as a second language
  - A child who doesn't speak Japanese will be enrolled in your school
  - Concerns about communicating with guardians who have foreign roots

### → Guardians

- You need an interpreter for occasions such as school events and parent-teacher conference
- You would like to learn about opportunities outside of school where your child can study Japanese or receive academic help

### Content of support

- Provide useful information
- Dispatching of experienced coordinators
- Pairing and dispatching of volunteer interpreters

For more information, please inquire at the consultation desk. The website of the consultation desk is available in multiple languages.



<https://int.sentia-sendai.jp/child/support/e/>

## Advisor Corner "Moving houses"

### Thoughts and experiences from advisors on this issue's theme

When I first moved to Japan, I was surprised by the amount of paperwork and procedures involved in moving. In Canada, even if you change your address, you do not have to go to a government office in person to file any paperwork. Of course, you will need to inform government agencies such as the Canada Revenue Agency and the Postal Service of your move, but since almost all procedures can be done online or over the phone, you can take care of everything from the comfort of your own home.

Aside from the required procedures, there are many other things that differ between Canada and Japan when it comes to moving. For example, when moving in Canada, it is perfectly acceptable to leave unwanted items outside your home or in common areas of your apartment building, such as hallways and lobbies, for your neighbors to take home. Since there is no such thing as bulky waste in Canada, all

garbage can be thrown out as household trash. However, it is common to hire independent haulers to collect larger furniture and appliances such as sofas and refrigerators. In addition, when people move in Japan, they usually hire a moving company to help them pack and deliver their belongings to their new home, whereas in Canada, people usually ask their friends and family for help. Since the process of moving differs greatly depending on the country you are in, I recommend that you do some research before planning your move so that everything goes as smoothly as possible.

(Advisor Z)

Each advisor writes in the "Advisor Corner" each issue in all language versions. The Japanese translation for each is on our blog. Please have a look.

# Sendai Multicultural Center

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## 仙台多文化共生センター



Opening Hours Daily 9:00 a.m. to 5:00 p.m. (Closed during the New Year's holidays and 1 to 2 days per month for maintenance)

Address Sendai International Center Conference Bldg. 1F, Aobayama, Aoba-ku, Sendai, 980-0856

TEL (022) 265 - 2471

FAX (022) 265 - 2472

Email [tabunka@sentia-sendai.jp](mailto:tabunka@sentia-sendai.jp)

URL <https://int.sentia-sendai.jp/e/exchange/>



### ■ Advice in foreign languages

We are able to give advice in many languages for daily-life troubles or problems. Please call the Interpretation Support Hotline on (022) 224-1919.

Languages available: English, Chinese, Korean, Vietnamese, Nepali, Tagalog, Thai, Portuguese, Spanish, Russian, Indonesian, Italian, French, German, Malay, Khmer, Burmese, Mongolian, Sinhala, Hindi, Bengali, and Ukrainian

### ■ Other Services

We have lecture rooms, a children's playroom, a bulletin board, and book rental. We also have spaces for interaction and information on citizen activities.

## Specialist Consultations for Foreign Residents

We periodically hold specialist consultations with lawyers, administrative scriveners and so on. If there are matters that are affecting your life in Sendai, please feel free to have a consultation. Consultations are confidential, and are limited to 30 minutes per person. Consultations are held from 1:00 p.m. to 4:00 p.m.

You can check the consultation dates on our website.

<https://int.sentia-sendai.jp/e/exchange/consultation.html>



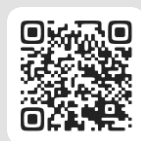
Administrative Scrivener

Lawyer

Labour Bureau

Immigration Bureau

Tax Accountant



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